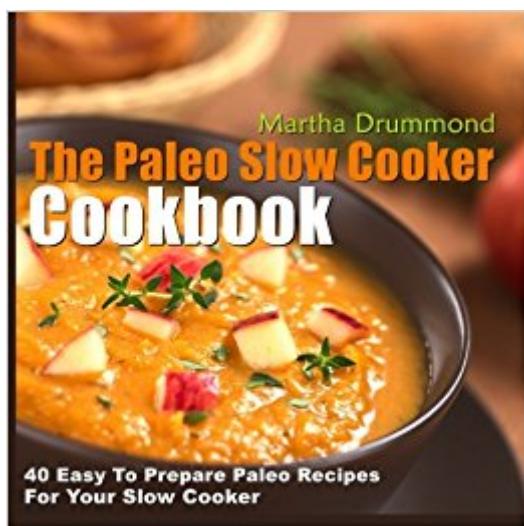


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The Paleo Slow Cooker Cookbook: 40 Easy To Prepare Paleo Recipes For Your Slow Cooker



Synopsis

The Paleo Slow Cooker Cookbook: 40 Easy To Prepare Paleo Recipes For Your Slow Cooker

Are you tired of spending all your time slaving away in the kitchen trying to whip together deliciousÂ paleo recipes? If so, you need to get out your slow cooker. Using a slow cooker can save you a whole lot of time while allowing you to fix tasty, healthy paleo recipes for the whole family.Â Whether you are looking for main dish recipes, easy breakfast ideas or the perfectÂ paleoÂ desserts, you will find all the bestÂ paleo slow cookerÂ recipes in thisÂ paleo slow cooker cookbook. Along with greatÂ paleo slow cooker recipes, you will also find some great slow cooker tips that you can use to make the most of your slow cooker, ensuring that your recipes turn out wonderfully when you make them.Â Recipes included inÂ The Paleo Slow Cooker Cookbook:Â -Â PaleoÂ Egg and Sweet Potato Breakfast Pie Slow Cooker RecipeÂ -Â PaleoÂ Bacon and Blueberry Slow - Cooker Breakfast CarnitasÂ -Â PaleoÂ Jamaican Jerk Slow Cooker Chicken WingsÂ -Â PaleoÂ Buffalo Slow Cooker Hot WingsÂ -Â PaleoÂ Meatballs and Spaghetti Squash Slow Cooker RecipeÂ -Â PaleoÂ Asian Inspired Pepper Steak Slow Cooker RecipeÂ -Â PaleoÂ Chicken Tikka Masala Slow Cooker RecipeÂ -Â PaleoÂ Beef and Garlic Slow Cooker StewÂ -Â PaleoÂ Chicken Enchilada Slow Cooker StewÂ -Â PaleoÂ Sweet Potato Shepherd's Pie Slow Cooker CasseroleÂ -Â PaleoÂ Pizza Bowl Slow Cooker CasseroleÂ -Â PaleoÂ Apple and Pear Sauce Slow Cooker RecipeÂ and many more!!Â Get ready to start using your slow cooker more than ever while cooking up taste bud tempting dishes that you will enjoy making repeatedly. Get your copy ofÂ The Paleo Slow Cooker CookbookÂ right now.

Book Information

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Customer Reviews

Martha Drummond has been an enthusiastic cook for all her adult life. She is happiest when in the kitchen and loves coming up with new dinner ideas for her husband, children and grandchildren. Martha lives in Wisconsin with her husband, John. Website: <http://marthadrummond.com>

I'm a little disappointed in the cookbook, lots of recipes just say "paleo bbq sauce, or paleo ketchup" etc I thought it would be a bit more like cooking with natural ingredients & making those products. Leaves me with the burden of finding them in my area.

A great cookbook that not only offers those following a strict Paleo diet, but for anyone that wants a more nutritious meal all in one pot. A wide variety of different dishes so you never tire of such a small offering as in some cookbooks. The barbecue recipe was the best barbecue I'd tasted and all accomplished using only spices without all the sugar. I highly recommend it.

This has been a God send for me. Having been new to Paleo, only three months into it now, I was struggling to come up with meals I could prepare that didn't take forever. The slow cooker is great because I throw all of the ingredients in before I leave for work and have a delicious meal when I return. So far, the recipes have not failed me.

The recipes are easy to follow but slightly bland. If you are comfortable slow cooking you can use the recipes as a base and add flavors and spices at your discretion. Unfortunately it's all in black and white making it rather dull for a gift.

For the money, the cook book did not offer that many recipes. I was not impressed with the content of the recipes either.

This book absolutely lives up to expectations; The recipes for slow cookers are innovative and delicious, and include a sampling of lunch, breakfast, dinner and desert recipes. It also contains a more brief introduction to the Paleo diet than other cookbooks. In addition one major perk to this product, is that it does not use many of the hard-to-come-by Paleo Ingredients, save for coconut flour. The only shortcoming of this book is that it lacks pictures of the recipes, which is important to

me when selecting a meal.

I haven't made many things from this, but what I've made has been really good. I made honey-roasted nuts in my crock-pot: SOOOO GOOD! This book would be better if it had more pictures and the steps were broken down more concisely. But, I like it.

Every time I read more about the Paleo diet I learn something new and this book delivered even more. Great recipes and nicely laid out and each recipe is well presented with good instructions. If you love the slow cooker and a Paleo diet this will serve you well. It even has breakfast and dessert recipes you can make in a slow cooker!

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